



JULY
2022

Sunshine Leisure Services

... A program of the Arc Knox County
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 Community Participation Program Staff

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
3	4 The Arc Knox County & Sunshine Industries Closed	5 	6 Chinese Lunch Sale	7 Bowling 2:45-4:00* *All pickups @ alley by 4p	8 Senor Taco <u>11:30-12:30</u> Kentucky Splash Water Park 2-9:15	9
10	11 English Mountain Trout Farm 3:45-8:30	12 Inskip Pool 2:45-5:00	13 KFC Lunch Sale Board Games 2:45-5:00	14 Bowling 2:45-4:00* *All pickups @ alley by 4p	15 Sister Act at KCT 3:30 or 6:15 to 8:30	16
17	18 Inskip Pool 2:45-5:00	19 Pontoon Boating 2:00-9:30	20 Buddy's BBQ Lunch Sale	21 Bowling <u>2:45-4:00*</u> Concert Market SQ (See Text)	22 Shoney's <u>11:30-12:30</u> 	23
24	25 Inskip Pool 2:45-5:00	26 Movie Matinee & Gatti's Pizza 2:45-8:15	27 Lunch House Sale Board Games 2:45-5:00	28 Bowling 2:45-4:00* *All pickups @ alley by 4p	29 Smokies Baseball (See Text)	30

Wednesday Lunch Sales

Chinese Lunch- Wednesday, the 6th- Cost: \$9.50.

KFC- Wednesday, the 13th All "Finger Lickin' Good" chicken meals include a drink.

- 1) Pot Pie w/cookie- **\$6.50.** 5) Crispy Colonel Sandwich, w/ fries- **\$7.50**
- 2) Famous Bowl Fill Up w/ cookie- **\$6.50.** 6) Popcorn Nuggets w/ fries and drink- **\$7.50.**
- 3) 3-piece tenders w/ fries- **\$7.00.** 7) 2-piece w/breast and wing, fries and drink- **\$8.00.**
- 4) 2-piece w/ drum & thigh, fries-**\$7.00.**

Buddy's BBQ- Wednesday, the 20th- Enjoy some hometown BBQ. Options include:

- 1) Sandwich Platter or Regular Platter with two sides, hush puppies and a drink. **Cost: \$8.00.**
 Meat choices: pulled pork, pulled chicken, or ham.
 Side choices: green beans, potato salad, fries, slaw or baked beans.
- 2) Smokey dog with fries and drink. **Cost: \$6.00.**

The Lunch House Blue Plate Lunch- Wednesday, the 27th- Enjoy a great "meat and two" plus bread. **Cost: \$10**



Special Events

Kentucky Splash Waterpark– Friday, the 8th- Come with us for our first visit of the summer to visit Kentucky Splash Water Park. The park is located in Williamsburg, Kentucky, which is a short 70 minute ride when going up “north” but just 65 when heading back “south”; no lie!

Depart SI: 2:00. **Return to SI:** 9:15. **Cost:** \$25 and includes admission, dinner and your ride.

English Mountain Trout Farm– Monday, the 11th- Its been a long time since we’ve been to one of everyone’s favorites, English Mountain Trout Farm. Owners Charlie, Angie, and Cody say they’ve missed us as much as I know we’ve missed them. Here they guarantee you’ll catch that “whopper” of a fish because of those highly specialized cane poles that come equipped with fish finders (corn.) Once caught, your fish will be filleted and cooked by the staff while you sit back and relax. **Cost:** \$25. **Depart SI:** 3:45 **Return to SI:** 8:30.

Sister Ace at the Knoxville Children’s Theater– Friday, the 15th . **Participation Option 1:** Leave from Sunshine at 3:30 to go eat dinner at West Town Mall before the play. **Cost:** \$26 **Participation Option 2:** Depart Sunshine at 6:15 for the play only. **Cost:** \$15 **Return:** 8:30.

Pontoon Boating on Norris Lake- Tuesday, the 19th- Head on up to Norris Lake for lots of sun, fun and beautiful water. **Cost is** \$25 and includes dinner. Don’t forget those bathing suits & towels if you plan to swim.

Depart SI: 2:00. **Return to SI:** 9:30.

K-Town Band in Concert on Market Square-Thursday, the 21st- Sit back, relax and let your worries fly away. **Participation Option 1:** Leave from Sunshine Industries at 2:45 to go bowling at Fountain Lanes and then head out for dinner and the concert. Cost is \$15 but does not include bowling. Sign up separately for bowling (\$6). See 'Bowling'. **Participation Option 2:** Report to Fountain Lanes by 4:00 and head out for dinner and the concert. **Cost:** \$15. **Participation Option 3:** Leave Sunshine at 6:00 for the concert only. **Cost:** \$4. **Return:** 9:30

Movie Matinee and Gatti’s Pizza– Tuesday, the 26th– Enjoy a matinee movie at Hall’s Cinema followed by dinner at Mr. Gatti’s Pizza which is walking distance from the cinema. **Depart:** 2:45 **Return:** 8:15. **Cost:** \$22

Tennessee Smokies Baseball– Friday, the 29th- Join us on our second visit of the season to see our Smokies when they take on the Birmingham Barons. **Participation Option #1:** Depart Sunshine at 3:30 to eat dinner before the game. **Cost:** \$25. **Participation Option #2:** Depart Sunshine at 5:30 and go to the game only. **Cost:** \$14. **Return to SI:** No later than 11:00 but we’ll contact rides with a more precise time as the game progresses.

Weekly/ Bi-Weekly Activities

***Bowling–Thursdays-** **Depart SI:** 2:45pm. **Location:** Fountain Lanes ***All Pick-Ups:** Bowling alley by 4:00 **Cost:** \$6.

Board Games with Daniel at Knoxville Parks and Rec– Wednesday, the 13th and 27th- Join us for another afternoon of board game fun. **Depart Sunshine:** 2:45 **Return:** 4:45 **Location:** TBA **Cost:** \$3.

Inskip Pool- Tuesday the 12th and Monday, the 18th and 25th- **Cost:** \$5 which also covers a refreshment . **Depart Sunshine:** 2:45. **Return to Sunshine:** 5:00.

Friday Payday Lunch Outing

Shoney’s– Friday, the 8th- Enjoy a great lunch buffet at Shoney’s this day. **Cost:** \$12

Senor Taco– Friday, the 22nd- Join us at for Knoxville’s finest Mexican food. Lunch includes a choice of two chicken or beef items (taco, tostada, burrito, enchilada, chalupa or chili relleno) and comes with rice, beans, chips, salsa and drink. **Cost:** \$13