



# May 2024

## Sunshine Leisure Services

a program of the Arc Knox County

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and the Community Participation Program Staff

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
5	6 Sunshine Ambassadors *Return from Cabin Trip*	7	8 <u>Pizza Sale</u>	9 Bowling* 2:45-4:00 Dynamic Recreation (see text)	10 Shoney's 11:30-12:30 English Mountain Trout Farm	11
12	13 Sunshine Ambassadors	14 UT Baseball Game 3:15-8:45	15 <u>KFC Lunch</u>	16 Bowling* 2:45-4:00 Dynamic Rec Softball Leave for State Games	17 Special Olympics State Games at Lipscomb	18
19 Return Home 12:00	20 Sunshine Ambassadors	21 Pickleball Skills Tournament	22 <u>Chinese Lunch</u> Dollywood 1:30-8:30	23 Bowling* 2:45-4:00 Dynamic Recreation (see text)	24 Senor Taco, 11:00-12:00, 12:00-1:00	25
26	27 *Closed*  MEMORIAL DAY	28 Jazz on the Square 5:00-8:45	29 <u>Salad Sale</u>	30 Bowling* 2:45-4:00 Dynamic Recreation (see text)	31 Smokies Baseball Game 4:45-11:00	1 

**Please be sure to dress appropriately and keep hydrated as the weather continues to warm up; participants with inappropriate clothing may be asked to return home for their safety instead of participating in an activity.**



## Important Information:

### Dynamic Recreation Softball:



Due to the rain/weather cancellations the first two weeks of the season, the season will be extended through the end of the month. Please let Leisure Services know ASAP if you will be unable to make it for your games on the additional dates.

### Special Olympics State Games:

State Games this year will take place Thursday, May 16th-Sunday, May 19th at Lipscomb University in Nashville, TN. Participating athletes have been informed and received information about the trip. We are set to leave with the rest of the Area 5 athletes Thursday evening, May 16th, from West Town Mall at 5:30pm and will return by 2:00pm Sunday.



### Over the Edge Fundraiser:



Please join us for our third annual Over the Edge fundraising event that will take place on June 1st at the Langley Building located at 520 W Summit Hill Drive. The event will start at 9:00am and run through the early afternoon until the last rappeler is done. Enjoy our Block Party with games, live bands, music and vendors!

## Weekly Activities:

**Sunshine Ambassadors Dance Class, Monday's, 5/6, 5/13 and 5/20:** Continue to join Music Program Coordinator, Jimmy Russell, for some fun with the Sunshine Ambassadors.

**Location:** Sunshine Industries **Start:** 3:00 **All Pick-Ups:** 3:45 **Cost:** \$5.00

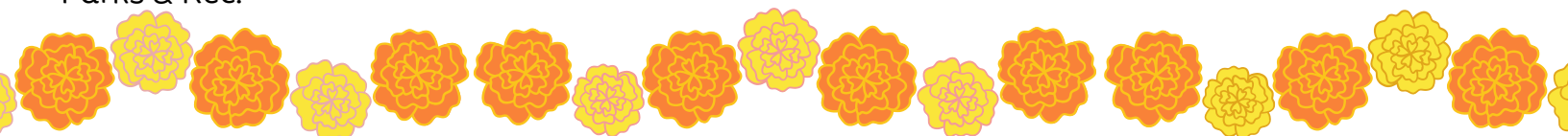
**Bowling:** Every Thursday at Fountain Lanes. **Participation Option #1:** Depart SI at 2:45 to head to the bowling alley. **Cost:** \$6.00 **Participation Option #2:** Meet at Fountain Lanes by 3:00 to bowl. **Cost:** \$4.00 **All Pick-Ups:** Bowling alley by 4:00pm\* The cost of bowling includes shoes and two games.

**Spring Dynamic Softball League, Thursday's 4/4/24-5/30/24:** It's time once again for the Dynamic Recreation Softball League every Thursday at Caswell Park. Schedules will be distributed with game times for each week. **Participation Option #1:** Depart Sunshine at 2:45 for bowling (please sign-up separately for bowling). **Participation Option #2:** Report to and leave from Fountain Lanes at 4:00 to go eat dinner before softball. **Cost:** \$12.00/week.

**Participation Option #3:** Report to Caswell Park 15 minutes prior to your game time (either 6:00pm or 7:00pm).

**All Pick-Ups:** Caswell Park no later than 8:00 when the last game ends.

\*Please note that the season has been extended to make-up for the first two weeks that were canceled. Leisure Services will update you with changes to game schedules when notified by Parks & Rec.



## Activities:



**English Mountain Trout Farm, Friday, May 10th:** At English Mountain Trout Farm, they guarantee you'll catch that "whopper" of a fish because of those highly specialized cane poles that come equipped with fish finders (corn). Once caught, your fish will be filleted and cooked by the staff while you sit back and relax.

**Depart SI:** 2:30 **Return:** 8:00 **Cost:** \$25.00

**UT Baseball, Tuesday, May 14th:** Catch the BaseVols in action as they take on Belmont. There are only 12 tickets available; please note that priority will be given to those who were unable to go to the game in March. **Depart SI:** 3:15 **Return to SI:** 8:45 **Cost:** \$28.00

**Pickleball Skills Tournament, Tuesday, May 21st:** Put your practice in to action at our Pickleball Skills Tournament with Daniel Alexander from Parks & Recreation. Details about the event are TBD and will be shared with athletes as soon as they become available.

**Depart SI:** TBA **Return to SI:** TBA **Cost:** TBA



**Dollywood, Wednesday, May 22nd:** Explore the larger-than-life blooming sculptures, dance under a picturesque umbrella sky, indulge in garden-fresh flavors and enjoy all-new indoor and outdoor entertainment at the Flower & Food Festival.

**Depart SI:** 1:30 **Return to SI:** 8:30

**Cost:** Season Pass Holder: \$22.00 for dinner; Non-Pass Holder: \$50.00 for entry and dinner

**Jazz on the Square, Tuesday, May 28th:** Knoxville Jazz Orchestra partners with City of Knoxville Special Events to present Jazz on the Square in Market Square. Enjoy tonight's performance by Sam Adams, a local pianist/composer. We will enjoy dinner before making our way to relax for an evening of serenading music in Market Square.

**Depart SI:** 5:00 **Return to SI:** 8:45 **Cost:** \$15.00

**Smokies Baseball Game, Friday, May 31st:** Take me out to the ball game, take me out to the crowd and cheer on your Tennessee Smokies as they take on the Chattanooga Lookouts. Of course, we will stay to enjoy the spectacular firework show that takes place at the end of the game. **Depart SI:** 4:45 **Return to SI:** 11:00 **Cost:** \$27.00



## Wednesday Lunch Sales:

**Pizza Sale - Wednesday, May 8th:** Enjoy up to 3 slices of Domino's pizza  
**Cost: \$2.00/slice, drink not included**



**KFC Lunch, Wednesday, May 15th:** Choices of 6 different "Finger Lickin' Good" chicken meals. **Cost: \$10.00**

**Chinese Lunch, Wednesday, May 22nd:** A fan favorite from Dynasty Express with many options to choose from. **Cost: \$11.00, drink not included**

**Salad Sale- Wednesday, May 29th:** Don't miss out on the fresh salad bar with over 20 toppings to choose from! **Cost: \$9.00, drink not included**

## Friday Lunches:

**Shoney's, Friday, May 10th:** Enjoy a great hour lunch at Shoney's buffet. **Cost: \$14.00**

**Senor Taco - Friday, May 24th:** Join us at Senor Taco for some of Knoxville's finest Mexican food. Lunch includes a choice of two chicken or beef items (taco, tostada, burrito, enchilada, chalupa, or chili relleno) and comes with rice, beans, chips, salsa, and a drink. **Cost: \$14.00**



**It's important to sign-up for all activities before the start of the calendar; Leisure Services needs time to plan for staffing, rides, tickets, etc.**

Starting in June, Leisure Services will be operating on a bit of a reduced schedule as Leah Runyan prepares for her last month before maternity leave. This reduced schedule will likely resume through the summer to give individuals and families time to relax, rest and recoup before Leah's return in the fall. Information about coverage for the program will be shared with the Summer calendars. Please feel free to reach out to Leah with any questions.

